



Club Story



President

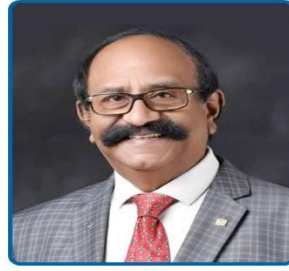
Rtn. Rahul Chaly



Rotary
District 3201



Rtn. Stephanie Urchick
RI President



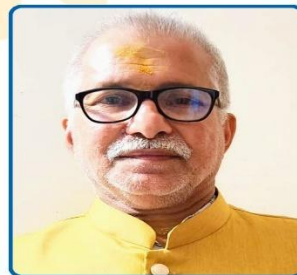
Rtn. AKS. Adv. N. Sundaravadivelu
District Governor

ROTARY CLUB OF TRICHUR WEST

Rotary Dist. 3201, Club ID 15897



Rtn. RAHUL CHALY
President (2024-2025)



Rtn. DEVANAND SHENOY
Secretary (2024-2025)

BOARD MEMBERS

- | | |
|-----------------------------|-------------------|
| 1. Rtn. Rahul Chaly | - President |
| 2. Rtn. Devananda Shenoy | - Secretary |
| 3. Rtn. Jacob Koshy | - IPP & GGR |
| 4. Rtn. Varghese Maliyekkel | - Treasurer |
| 5. Rtn. KR Santosh | - Director |
| 6. Rtn. Emmanuel Thomas | - Vice President |
| 7. Rtn. Mahesh Raj | - Jt. Secretary |
| 8. Rtn. Aniyam Mathew | - Club Admin |
| 9. Rtn. Sabu Jose | - Membership |
| 10. Rtn. Manoj Pushkaran | - Public Relation |
| 11. Rtn. Dr Ravi | - Service Project |
| 12. Rtn. Sajive Manjila | - TRF |
| 13. Rtn. Krishna Prasad | - Youth Service |
| 14. Rtn. Manoj Pushkaran | - Dist. Priority |
| 15. Rtn. Manoj Mathew | - Sergeant |
| 16. Rtn. Saji V Mathew | - Funds |
| 17. Rtn. Sabu Jose | - Fellowship |
| 18. Rtn. Benjammin PP | - RI Priority |

Advisory Board

1. Rtn. Chacko Chakola
2. Rtn. Dr. Kurian Mookan
3. Rtn. Varghese Cheeran

List of Members

1. Alan Chittillapally
2. Anil Kumar
3. Aniyam Mathew
4. Adv. Gireesh Kumar
5. Balram T.S
6. Benjamin P
7. Chacko Chackola
8. Devanand Shenoy
9. Dr Arun Krishna
10. Dr. C.J Varghese
11. Dr. Kurian Mookan
12. Dr Ravi TR
13. Dr. T.T Paul
14. Dr. Philip
15. Emmanuel Thomas
16. Fijo Jose
17. CD Jose
18. Issac Kunnath
19. Jacob Koshy
20. Joseph Erinjery
21. Joy C P
22. Krishnaprasad
23. Mahesh
24. Manoj Mathew
25. Manoj Pushkaran
26. Mathews
27. Paul Pulikkan
28. Pearson E J
29. Rahul Chaly
30. Rajagopal KB
31. Sabu Jose
32. Santhosh K R
33. Saji V Mathew
34. Sajive Manjila
35. Sreevalsa Krishnan
36. Varghese Cheeran
37. Varghese K.P
38. Varghese Maliyekkel

Rotary Club of Trichur West (RID 3201) Club ID 15897

The Rotary Club of Trichur West, established in 1981, has long been a cornerstone of community service in Thrissur, Kerala, often referred to as the cultural capital of the state. As a Peacebuilder Club, it has continually embodied Rotary's core values—service, fellowship, diversity, integrity, and leadership—while fostering peace, harmony, and unity in the region. The club's commitment to these values is especially evident in its ongoing peacebuilding efforts, which are significantly strengthened under the leadership of Rahul Chaly, the current President and an IEP Peace Ambassador. His leadership has ensured that the club remains focused on projects that promote social cohesion, justice, and sustainable peace.

Over the years, the Rotary Club of Trichur West has implemented numerous impactful projects that align with Rotary's areas of focus. These areas include education, healthcare, water and sanitation, economic development, and environmental sustainability. The club's efforts extend beyond local projects to embrace the global vision of the UN Sustainable Development Goals (SDGs). By focusing on improving quality of life, promoting social equity, and ensuring a sustainable environment, the club strives to create a positive and lasting impact. Furthermore, the club has actively worked to address the 8 pillars of positive peace, emphasizing projects that foster inclusion, promote justice, and ensure equitable access to essential services such as education and healthcare.

A key highlight in the club's recent history was its response during the COVID-19 pandemic, when it successfully completed three Global Grant Projects—an Operation Theatre, a Dialysis Unit, and an Oxygen Generator Plant. These vital projects were crucial in supporting the local healthcare system during an unprecedented crisis, directly saving lives and alleviating pressure on medical facilities in Thrissur.

Through its unwavering commitment to service, peace, and community well-being, the Rotary Club of Trichur West continues to make a profound and lasting impact, contributing to the creation of a more sustainable, inclusive, and peaceful future in the heart of Kerala.

Recent Projects - 2024-25

1)Handing over of House Plot

A House Plot was donated to Mrs. Sundari, who is a widower, financially backward as well as a senior citizen. Rtn. Dr Revi T R handed over the registered documents to the lady for building a house.



2) Basic Education & Literacy - School Support

Our club provided Kits with Student Learning Materials to all the Financially Backward 70 students of LP School Eravimangalam, Thrissur on Independence Day. We also participated in their Flag Hoisting and distributed Sweets to the students, teachers and parents.





3) Onam Celebrations at AMHA

Our Club sponsored Onam Celebrations and Sadhya (Lunch) at AMHA - Association of Mentally Handicapped Persons at Kariyattukara, Thrissur.





4) Ophthalmic Care - Sponsored Eye Surgery

As part of Blossom - District Priorities under Ophthalmic Care (Eye Care), our club took a significant step toward making a meaningful impact on the life of Mr. M. Kabeer, an elderly and financially disadvantaged individual.

Recognizing the challenges he faced due to his deteriorating eye health; our club fully sponsored an eye surgery for him. This initiative not only aimed to restore his vision but also to improve his overall quality of life. By providing financial support for the surgery and associated medical expenses, we helped ensure that Mr. Kabeer received the necessary care that he otherwise could not afford. Through this act of kindness, our club has reaffirmed its commitment to the well-being of individuals in need, aligning with our broader goals of enhancing access to healthcare for underprivileged members of the community.



5) Formation of Peacebuilder Club

Our club has made significant strides in promoting peace and fostering a culture of understanding within our community. One of our most notable achievements is the successful formation of a Peace Committee, which has been instrumental in advancing our commitment to peacebuilding. To further this mission, our President took part in the esteemed IEP Peace Ambassador Program, which provided them with the knowledge and tools necessary to champion peace initiatives on a global scale. Meanwhile, the members of our Peace Committee participated in and successfully completed the rigorous Rotary Peace Academy Program, which focuses on equipping individuals with the expertise required to engage in peacebuilding efforts effectively.

As a result of our collective dedication and hard work, our club was honored with the title of "RAGFP Peacebuilder Club." This recognition was a testament to our unwavering commitment to promoting peace, resolving conflicts, and making a tangible difference in the lives of those around us. Our club is proud to be one of the select few in India to hold this prestigious title, underscoring the impact we have made in fostering peace and goodwill within our local and global communities. This accomplishment not only reflects the values of Rotary International but also serves as an inspiration for other clubs to prioritize peace and work collaboratively toward creating a better, more harmonious world.





CERTIFICATE OF COMPLETION

We hereby recognise

Rahul Chaly

as an IEP Ambassador for having completed the IEP Ambassador Program

December 17, 2024



6) Blood Donation Camp

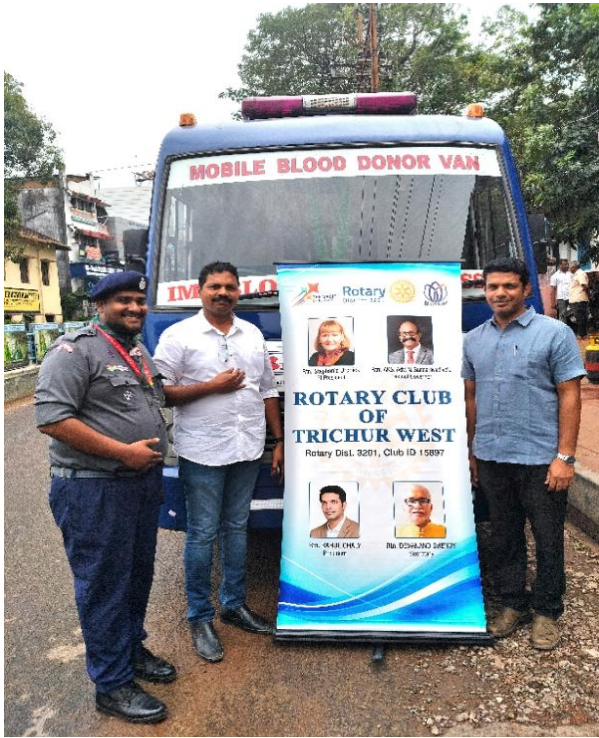
As part of the Blossom District Priority initiative, our club organized a successful Blood Donation Camp at the Scout & Guides Bhavan on Palace Road, Thrissur. This event aimed to contribute to the well-being of our community by addressing the constant need for blood donations, which are essential for saving lives in medical emergencies and during surgeries.

The camp was well-coordinated with the help of volunteers from the club, as well as trained medical professionals who ensured the process was safe, efficient, and comfortable for all donors. We welcomed a diverse group of donors, including individuals from various age groups and backgrounds, who generously came forward to donate blood and make a significant impact on the lives of those in need.

In addition to the blood donation drive, the event also raised awareness about the importance of regular blood donation, health checks, and the overall benefits of maintaining a healthy lifestyle. The camp was a huge success, and we are grateful for the overwhelming response from the local community.

We would like to extend our heartfelt thanks to everyone who participated in the camp—whether as a donor, volunteer, or supporter. Together, we made a positive difference, contributing to the health and safety of countless individuals.

We look forward to organizing similar initiatives in the future, continuing our mission to serve the community and encourage others to take part in life-saving activities.



7) Promoting Sports Talent

At our club, we are deeply committed to supporting emerging talent in sports, especially for individuals facing financial constraints. In line with this mission, we provided financial assistance and sports gear to a talented young athlete, Anjana George. Anjana, a promising football player from Kerala, is currently in the 11th standard. Despite financial challenges, she has made a significant mark in the sports world. Notably, she serves as the goalkeeper for the Kerala Women's League football team and has earned accolades in the Kerala School Olympics, showcasing her exceptional skills and dedication to the sport. By supporting Anjana, we aim to ensure that financial limitations do not hinder her growth, enabling her to pursue her dreams and continue to excel in football. Our club believes in fostering and nurturing sports talent at all levels, providing young athletes with the resources they need to succeed.



8) Book Donation & New Year Celebrations

Our club recently organized a book donation and New Year celebration event in Nadathara, a rural area in Kerala. We donated 200 books to a local library and hosted a gathering for the community. During the event, our member, Rtn Rajagopal, delivered a talk emphasizing the importance of developing reading habits and shared New Year greetings with the attendees.

This initiative aligns with a broader movement in Kerala, where libraries are evolving into vibrant community centres. Efforts include organizing events that foster community engagement and promote reading among residents.

Similarly, organizations like Nandha Arts & Science College have established Book Donors Clubs, encouraging students to donate books to enrich village schools and libraries, thereby spreading the joy of learning.

These endeavours highlight the transformative power of reading and the positive impact of community-driven library initiatives in rural areas.



School Support

1)Improving Readership: Our Club supplied newspapers to St. George's U.P School, Mukkattukara for Rs.20000/-

In order to improve readership of students we donated Manorama News Paper Subscription for a year to the Library of the School for students studying in classes 4-12.



2. School Bus Fee Sponsorship: Our club sponsored school bus charges for 10 financial needy students for one year (Rs. 45,000/-).



*President, Rtn. Jacob Koshy handing over the Cheque to the Principal of
St. George's U.P School, Mukkatukara*

3. SOS Children Support: Provided support to SOS Children's School, Mulayam for purchasing water filter unit for clean water (Rs. 15,000/-).



4. Cycle Distribution: Distributed 4 cycles at Ramavarmapuram Govt. School for financially backward students (Rs. 28,000/-).



5. Bright Student Education: Donated one year of schooling for a bright student from a financially challenged family (Rs. 25,000/-).



6. Library Book Donation: Donated books to a Library at Cheroor. Rtn. Saji V Mathew handed over the books (Rs. 10,000/-).



7. Independence day celebration: Our club celebrated Independence day at St. George's U.P School, Mukkattukara along with their students. We distributed sweets and Rtn. Varghese K.P gave a message on the importance of Independence day.



Mental Health

1. Equipment Donation: Our club donated a laptop and a printer to St. Joseph Special School at Cheroor (Rs. 72,000/-).



2. Onam Gifts: Our club sponsored Onam gifts at Dr. Vimi Memorial Cerebral Palsy Center, Chembukavu and celebrated Onam with them (Rs. 10,000/-).



3. Supplies to Mental Hospital: Provided polyvinyl sheet mats and adult diapers to Mental Hospital Thrissur (Rs. 16,000/-).



4. Mental Health Development Program: Our club organized seminars on mental health development at three schools in Thrissur.



In association with our Youth Development program our club conducted mental health development classes at CNN School, Cherpu. Our member Rtn Anil Kumar lead this session on IDEA.



Conducted Mental Health Development classes in association with our Youth Development Program for students from 11th and 12th standard at Govt. Higher Secondary School, Cherpu.



Our Club conducted Mental Health Development Classes for students of various classes at Marthoma School. Rtn Anilkumar lead the session.



Infant Care and Mother Health

1. Gynaecology Kit Sponsorship:

Our Club sponsored one gynaecology kit for maternity support (Rs. 25,000/-).



President Rtn. Jacob Koshy and Rtn. Sabu Jose handing over the Gynaec Kit to Rtn. KB Rajagopal

The Gynaecology kit for maternity support was handed over to the DMO, Thrissur to be given at Govt. Health Center, Chalakudy.

Livelihood

1. Heart Patient Support: Provided financial support to a heart patient in Eravimangalam (Rs. 10,000/-).



2. Recognition and Award: Recognized a physically challenged lady staff at SBI Bank, Mannuthy for outstanding performance and presented an award. Award was handed over by Rtn. Aniyan Mathew (Rs. 10,000/-).



3. House Construction: Our club sponsored the construction of 10 houses for financially backward families in association with Kochouseph Chittilappilly Foundation's Parpidom Project.

4. Eye Camp: Arranged an eye camp with Vasan Eye Care, at Eravimangalam Vayanashala offering a 50% concession for cataract surgery (Rs. 6,000).



5. House Construction Completion: Our Club supported the completion of house construction for a widower (Rs. 100,000/-).



6. Palliative Care: Supported 60 palliative patients in Vettukadu, Puthoor with grocery kits in association with the Govt. Health Department (Rs. 30,000/-).



Environment

- 1. Awareness Program:** Our club conducted an awareness program on the environment. Rtn. Devananda Shenoy and Rtn. Dr. Revi gave a talk on the importance of conservation of our environment and how pollution and deforestation has caused environmental deterioration.



President Rtn Jacob Koshy planting a sapling on world environment day.

- 2. Thrissur Walkathon:** We were a sponsor club and we participated in Thrissur Walkathon (Rs. 10,000).



External Speakers

1. Modern Steel Structural Construction: Mr. Gireesh, M.Tech, gave a talk on Structural Engineering and Steel Structure Construction was explained.



2. Stock Market and Financial Situation: Mr. Ramakrishnan T.B, MD -Share Wealth Securities gave a talk on Stock Market and on how to invest wisely.



3. Artificial Intelligence and Robotics: Mr. Rahul Balachandran, MD – Inker Robotics gave a talk on AI and Robotics.



4. Mental Health and Healthy Ageing: Dr. Subramaniam, Senior Consultant, Govt. Mental Hospital, Thrissur gave a talk on 'Healthy ageing and Mental Health'.



5. COTS: Club Officers Training Seminar was conducted at our club by Dr. Jeswin on 5th September. Rtn. Jeswin also spoke on the topic- Basics of Rotary.



6. "Save Liver for Safe Life" Talk: Dr. N Anand Vijay (Lead consultant Dept of Minimal Access Surgery and Liver Transplant) gave a talk on maintaining a healthy liver.



7. Speaker - Rtn. Anilkumar. We had a speaker meeting where Rtn. Anil Kumar gave a talk on IDEA – a tool for developing leadership skills and for youth development.



8. Speaker - Rtn. Devanand Shenoy.

We had a speaker meeting where Rtn. Devananda Shenoy gave a great talk on the ongoing Israel Gaza conflict explaining the various issues faced by them.



Club Celebrations

- 1. Onam Celebrations:** We celebrated with family members at Banerji Club. Various entertainment programs and games were held to ensure maximum participation and involvement.





2. Charter Day Celebration: We celebrated our Club's Charter Day.



Charter Member Rtn.Varghese Cheeran cutting the cake on Charter Day

3. Christmas and New Year Celebrations: We celebrated Christmas and New Year'24 with family at Rtn. Saji Mathews house. Many entertainment programs were held including a performance by renowned mentalist Mr. Vinu Philipose.



4. Rtn. C.P Joy's 80th Birthday Celebration:



5. Club Tour: We went for a 1-day tour to Nelliampathy. We stayed at a resort and spent the evening with various music and other entertainment programs.





Glimpses from the Nelliampathy Tour

Rotary Presidential Peace Conference – Istanbul, Turkey

The Rotary Presidential Peace Conference in Istanbul, Turkey, was a significant event where our President, Rtn. Rahul Chaly, and GGR & IPP Rtn. Jacob Koshy represented our club and District 3201 as District Peace Committee members. Their participation brought valuable recognition to our district. They engaged in meaningful discussions with Rotary International President Stephanie Urchik, Past RI President Mark Maloney, and RI President Elect Sangkoo Yun, sharing insights on global peace efforts. Additionally, Rtn. Rahul and Rtn. Jacob took part in workshops and training sessions focused on peacebuilding. These sessions equipped them with enhanced skills and knowledge, empowering them to strengthen Rotary's mission of promoting peace worldwide and making a positive, lasting impact on communities globally.







Future Project: Introducing Peace Studies into the School Curriculum in Kerala in Partnership with the Institute of Economics and Peace (IEP)

We are thrilled to announce a groundbreaking initiative that will bring Peace Studies into the curriculum for students aged 15-17 in India for the very first time. In partnership with the prestigious Institute of Economics and Peace (IEP), this project aims to foster a deeper understanding of peace, conflict resolution, and global citizenship among the youth of Kerala, with plans to expand nationally in the future.

The Vision

The primary goal of this project is to equip students with the knowledge, skills, and attitudes necessary to navigate and promote peace in an increasingly interconnected and conflict-prone world. By introducing Peace Studies into schools, we hope to inspire young minds to think critically about the causes of conflict, the importance of peace, and how they can actively contribute to a more harmonious society.

Why Peace Studies?

Peace Studies as an academic discipline is designed to explore the nature of conflict, its causes, and its resolution, with a focus on promoting sustainable peace through education, dialogue, and understanding. In a world where conflict,

violence, and insecurity are all too prevalent, the importance of teaching peace cannot be overstated. By focusing on key topics such as:

- **The foundations of peace and security:** Understanding the social, economic, and political structures that influence peace.
- **Conflict resolution strategies:** Tools and techniques to manage and resolve disputes.
- **Global citizenship and human rights:** Encouraging students to understand their role as citizens of the world, committed to justice, fairness, and the protection of human rights.
- **Sustainable development and peace:** Understanding the intersection between peace and sustainable development goals.

Peace Studies will help shape young minds to be proactive, responsible, and empathetic individuals who are capable of addressing the complexities of a rapidly changing world.

Why Kerala?

Kerala, known for its rich history of education and social reforms, is the ideal starting point for this transformative project. With a high literacy rate and progressive educational institutions, Kerala has long been a leader in education reform. By introducing Peace Studies into the state's curriculum, we are aiming to build a model that can be replicated across India, starting from the grassroots level.

Collaboration with the Institute of Economics and Peace (IEP)

The IEP is a globally recognized organization dedicated to promoting peace, measuring its impact, and understanding its economic and social dimensions. Their expertise in the field of peace research and education makes them an invaluable partner in this project. Together, we will develop a comprehensive curriculum that blends theoretical knowledge with practical tools for conflict resolution, peacebuilding, and active citizenship.

The collaboration will include:

1. **Curriculum Development:** The IEP will provide research-based content, designed to be age-appropriate, engaging, and effective in teaching students the principles of peace. This curriculum will align with existing educational standards while adding a unique and valuable perspective on global peace and security.

2. **Teacher Training:** For this initiative to be successful, it is crucial that educators are well-equipped to teach Peace Studies. The IEP will conduct training programs for teachers, helping them to deliver the curriculum effectively and foster an environment of dialogue and understanding in the classroom.
3. **Workshops and Student Engagement:** Alongside the curriculum, we will organize workshops, seminars, and debates where students can actively engage with the concepts of peace, conflict resolution, and global citizenship. These activities will also include collaborations with other schools, creating opportunities for students to learn from each other and build a community of young peacebuilders.
4. **Assessment and Impact Evaluation:** We will also work with the IEP to create a system of evaluation to assess the effectiveness of the Peace Studies program. This will ensure that the curriculum is meeting its objectives and will provide insights into how it can be improved and expanded in the future.

The Road Ahead

Starting in Kerala, we aim to integrate Peace Studies into the curriculum of select high schools, beginning with a pilot phase. Over the next few years, we plan to expand the project, incorporating feedback from educators, students, and parents to refine the curriculum and broaden its reach. As the program gains momentum, we hope to roll it out across other states, establishing a national network of schools committed to fostering a culture of peace and nonviolence.

The introduction of Peace Studies into the Indian educational system marks a historic milestone in shaping a generation that will not only understand peace in theory but also be empowered to take concrete actions towards achieving it.

Conclusion

This project represents a significant step toward integrating peace and conflict resolution into the fabric of education in India. Through our partnership with the Institute of Economics and Peace, we are laying the foundation for a future where young people are equipped with the knowledge and skills needed to build peaceful, just, and sustainable societies.

We are excited to embark on this journey and look forward to the positive impact it will have on the students, educators, and communities of Kerala and beyond. Together, we are creating a future of peace—one student at a time.
